

# The BROADSIDER

September & October 2016



Covering the Broadside Benefice parishes of  
Ranworth with Panxworth, South Walsham, Upton & Fishley, and Woodbastwick

Dear Friends,

Chaplaincy is a fascinating career. It is interesting to reflect on its history and its place within society today. The word “chaplain” comes from the Latin word for a cloak and its meaning grew from the story of St. Martin who met a man sitting in the rain begging without a cloak. If St Martin had given the man his own cloak he would simply have shifted the problem and become cold and wet himself. Instead, he tore his cloak in two, gave half to the beggar and kept half for himself. Chaplaincy therefore, is a ministry of recognising the needs of another, sharing and being alongside them through the storms and celebrations of their lives.

When the NHS was established in 1948 it was agreed that the needs of the whole person should be considered, consequently chaplains were appointed to care for the spiritual needs of patients their families and staff within the hospital environment. Originally all Chaplain’s posts went to Church of England ministers in respect of the close connection between church and state. However, NHS Chaplaincy provision now reflects more fully the faith and spiritual needs of the hospital community. In fact, Chaplains of all faiths are now employed to minister to patients of any or no faith, the understanding being that our work is very much to care and comfort rather than to convert.

The presence of NHS funded Chaplains in hospitals acknowledges the impact illness or injury can have on our well-being. It is often a time to re-consider our values and relationships and look both within and beyond ourselves for sources of hope, meaning and comfort. Chaplaincy departments exist to meet the needs of patients, their loved ones and all the staff who work within the hospital departments.

In addition to hospitals, Chaplains are found everywhere! You will find us in schools and universities, emergency services, prisons and law courts, shops, ports, the armed forces, even theatres and casinos. Recent research has shown that you are more likely to meet a Chaplain than any other formal religious figure as you go about your daily life. Although traditional Church attendance fluctuates, perhaps we have never had such a great an opportunity to find support and discuss our beliefs as we make our daily journey through life. Chaplains are skilled not only in the ministry of their denomination but also in accompanying those of any or no faith in all the challenges and celebrations of this life.



With best wishes, Helen Garrard

# Monday Munch !

*at St Lawrence's*

On 5<sup>th</sup> September

Monday Munch will be supporting  
**MacMillan Cancer Support.**

Monday Munch, organised by our  
Broadside churches, provide lunches of  
soup & roll, quiche, cheese, salad  
and, of course, scones and cake  
on the first Monday of each month.

These are provided free of charge  
but this month any donations received  
will be given to MacMillan as well as any proceeds  
from the cake stall and raffle.

If you are able to make a cake or donate a raffle prize  
we would be very grateful.

Please bring these to St Lawrence's, South Walsham  
from 11.30am on 5<sup>th</sup> September,  
or contact Sue on 01603 270642 beforehand.  
Do also come along for lunch or a cream tea.

**ALL WELCOME**

**NO ONE  
SHOULD FACE  
CANCER  
ALONE**  
WE ARE  
MACMILLAN.  
CANCER SUPPORT

# THE BROADSIDE BENEFICE CONTACT LIST

**Rector**

**Rev. Canon NICHOLAS GARRARD**

**Email: NickGarr39@aol.com**

**Assistant Priest**

**Rev. HELEN GARRARD**

**Email: broadsidecurate@aol.com**

**Benefice Administrative Assistant**

**Suzy Strowger**

*(usually available on Monday and Thursday mornings)*

**Email: officebroadside@gmail.com**

**The Rectory, The Street,  
South Walsham, Norfolk NR13 6DQ  
Telephone 01603 270769**

## CHURCHWARDENS

### RANWORTH with PANXWORTH

**David Benham**  
01603 721546

**John Ley**  
01603 270158

### WOODBASTWICK

**Alby Cator**  
01603 721050

**Kit Cator**  
01603 720276

### SOUTH WALSHAM

**Gill Hood**  
01603 270397

**Trevor Nelson**  
01603 270547

### UPTON

**James Chaplin**

**Tony Moore**  
01493 750518

### FISHLEY

**Ivan Barnard**  
01493 751265

**Chloe Ecclestone**  
01493 750964

## Pastoral Care of Parishioners

If anyone requires visiting or wishes to make arrangements for a baptism, marriage or funeral, please inform Revd. Nick Garrard, Revd. Helen Garrard or one of your churchwardens listed above.

## Christian Aid Week – Thank You

The Broadside Benefice raised £483.99 this year and this goes directly to help transform the lives of our global neighbours in need. Christian Aid Week is only possible because of the incredible love and generosity of you, our amazing supporters. Thank you for your donations.

This year we are focusing our attention on Bangladesh and the people living on the low-lying islands on the Brahmaputra river for whom devastating floods are a terrifying part of everyday life. Our help lifts people out of an inescapable cycle of suffering. Thanks to donations like yours we can provide Christian Aid home safety packages where just £250 will flood-proof low-lying homes by building an earth plinth, provide seeds and fruit trees to grow in the new land as well as a wormery and goat to give a sustainable source of food and income for a family.

## Sale of CD provides £2,000 for East Coast Hospice

Acle St Edmund Youth Orchestra's debut CD 'Raise The Roof' has raised its first £1,000 in sales to support East Coast Hospice. This amount has been matched by Barclays Bank, Acle. Thank you to all who have bought copies. The CD is still available and can be bought for a donation of £5 from The Visitors' Centre in Ranworth, Acle Post Office and Carter's Butchers, or from Elaine on 07788 505923.

SEYO are playing in Fairhaven Gardens on Sunday 11<sup>th</sup> September from 12.30pm; at the South Walsham Harvest Festival on Sunday 18<sup>th</sup> September, and in concert in Upton Church at 7pm on Saturday 8<sup>th</sup> October.

## A big thank you...

...to Chloe Ecclestone and everyone who supported her coffee morning in aid of Church funds and the East Anglian Air Ambulance.

...to all who came to this year's Benefice BBQ. Over 60 came on a perfect summer's evening, raising a much needed total of £288.20 for the Great Yarmouth Foodbank.

## Prayer and Praise Evenings

A new informal style of worship service is starting on Thursday 8<sup>th</sup> September in St Lawrence's at 7.30pm. The services will be led by members of the Ministry Team and will be held on Thursday evenings for about 1 hour. The evening will centre around prayer, praise, Bible readings and sharing. If you would like a more relaxed service with time for reflection and quiet please join us.

Please contact Elaine Brown (07788 505923) or Nick for more information. The dates for these services are listed in the "Meetings and Village Activities" section on the back page.



## Harvest Festivals

Welcome back to September! As the season of mists and mellow fruitfulness begins, we thank God for our food at our Harvest Festivals on the following dates:

**Fishley** September 3<sup>rd</sup> at 3pm

**South Walsham** September 18<sup>th</sup> at 11am

**Upton** September 18<sup>th</sup> at 6.30pm

**Ranworth** September 25<sup>th</sup> at 9.30am

# Sunday Plus

## HARVEST SUNDAY PLUS

Come and join us early for Harvest Sunday Plus at St. Lawrence's on September 18<sup>th</sup>, for all-age activities leading into the Harvest Service. I can almost smell the bacon rolls from here....

For more information about these activities please contact Helen Garrard (01603 270769) or Julia Nelson (01603 270547) or for more details find us on:

Facebook  +SundayPlus

## More than we can imagine...

### Open Benefice Advisory Council Meeting

In June, Bishop Graham unveiled the new Mission Strategy 2021 that succeeds Committed to Growth. If you're interested in finding out more or would like to get involved, please come to the Ranworth Visitors' Centre on September 14<sup>th</sup> at 7.45pm. All PCC members are especially welcome.

### Bishop's Pilgrimage Day 2016

Following the launch of the Bishop's Pilgrimage Day in 2015, this year's day will be held at Norwich Cathedral on September 24<sup>th</sup>, from 10am to 4.30pm. Highlights include walking the Labyrinth, drama, anointing, bread making, singing and children's activities. It would be great to see you there.

## FROM THE REGISTERS

### WEDDINGS

❖ at St Helen's, Ranworth ❖

June 25<sup>th</sup>

**Ben Evans & Nikki Poulter**

❖ at St Mary's, Fishley ❖

August 6<sup>th</sup>

**Mark Thomas & Leanne Frost**

### FUNERALS

❖ at Great Yarmouth Crematorium ❖

June 20<sup>th</sup>

**Doreen Bradley**

❖ at St Faith's Crematorium ❖

July 22<sup>nd</sup>

**Thelma Ann Nash**

❖ at St Faith's Crematorium ❖

July 26<sup>th</sup>

**Leslie Dennis Knight**

### INTERMENT OF ASHES

❖ at St Helen's, Ranworth ❖

July 23<sup>rd</sup>

**Muriel Clarebrough 'Bunty' Sinha**

## **Norfolk Safeguarding Adults Week 2016 12 - 18 September**

The aim of this week is raise public awareness in Norfolk of adult abuse and inform the public of how to identify and report abuse. The key messages we want to get across are:

- Norfolk is a place that does not tolerate abuse
- Safeguarding adults and reporting abuse is everyone's responsibility
- Raising awareness of abuse helps to prevent abuse
- If you or someone you know is being abused then we can help.

**Call 0344 800 8020**

In Norfolk, 2,709 safeguarding adult concerns were raised between April 2015 and March 2016. In England there are over 100,000 cases reported of adults being abused each year. Most often the abuse is carried out by someone known to the person who is being harmed.

In our local community, we probably know someone who needs help with their money, to pay their bills or for shopping, or support to get around or carry out daily tasks. Often there is a formal or informal arrangement in place with social services, a care home, carer, friend or relative. Sometimes, though, things may go wrong. The person needing support may feel uncomfortable, afraid or hurt in the situation, or find their money or possessions are being taken from them.

Adults can suffer from all sorts of abuse. As well as physical, emotional and sexual abuse, people can experience financial abuse – when people take money or belongings without asking. People can be neglected, when people who are there to

help do not look after people properly, or neglect themselves to such an extent that this puts them at risk.

The individual causing the harm may be a stranger, but as the statistics show, more often than not it is someone they know and usually feel safe with, often in a position of trust and power, such as a health or care professional, a family member or relative or neighbour.

But everyone has a right to feel safe, to make their own decisions and to be respected and listened to, and live free from abuse or neglect.

So look out for the signs of abuse. These can include someone who looks dirty, is not dressed properly or has an injury that is difficult to explain. Other signs can include someone who seems frightened around certain people, seems unusually down or withdrawn or who finds money missing

Trust your instinct – if something doesn't feel right, it probably isn't. Even if you're not sure whether these signs mean abuse, you should still report them to Norfolk Social Services. You can report your concern anonymously, but please give us as much information as possible so that we can follow it up.

To alert us of your concerns phone 0344 800 8020, text 07767 647670 or online at: [online.norfolk.gov.uk/socialcareenquiry](http://online.norfolk.gov.uk/socialcareenquiry). In an emergency you should call the police on 999. If you'd like more information visit:

[www.norfolk.gov.uk/speakup](http://www.norfolk.gov.uk/speakup)

### **Norwich Diocesan Lent Appeal result**

There has been a fantastic response to this year's Lent Appeal. This year churches and individuals raised just over £27,000 for the Christ the King School in Orobada, Papua New Guinea.

**EVENT  
ORGANISERS  
PLEASE NOTE**

The next issue of *Broadsider* covers **NOVEMBER**

**Deadline: Monday, October 10<sup>th</sup>**

Please send your copy to **David Benham**

**[david@benham.eclipse.co.uk](mailto:david@benham.eclipse.co.uk)**

## Upton Organ Heritage Lottery Award

First, some wonderful news. After years of planning and fundraising, the Upton Organ Discovery Project is about to begin, thanks to a grant of £72k from the Heritage Lottery Fund. We are very grateful to HLF, and even more to the hardworking Organ Committee who lead the project.

### Temporary Church Closure

Work will commence on restoring Upton's organ on September 19<sup>th</sup>. For reasons of safety and security, the church will be closed except for services and other organised activities until work has been completed. Any opening times will be advertised outside, and anyone wishing to visit the church at other times is welcome to contact the Churchwardens to arrange access.

We apologise for any inconvenience this may cause.

### Confirmation

Ready to take a new step in your faith? Confirmation is an opportunity to affirm the Christian faith in which we have been baptised and, for adults and young people, the pathway to being admitted to receive communion. If you're aged 11 or over, please speak to Nick or Helen if you would like to join a group preparing to be confirmed.



St. Lawrence's Centre, South Walsham  
Saturday, 24<sup>th</sup> September 2015, 7.30pm

## The Cavick Quartet with Andy McCullough on clarinet

PLAYING A PROGRAMME  
OF MUSIC BY THE  
ROMANTIC COMPOSERS,  
MOZART, TCHAIKOVSKY  
AND BRAHMS

Tickets £10,  
Friends of St Lawrence's £8, under 18 £1

## News from Broadlands Rotary Club

### Wimbledon Win for Acle Academy graduate supported by Broadlands Rotary Club

Norfolk boy, Alfie Hewett, with his partner Gordon Reid, won the Wimbledon Men's Wheelchair Doubles using the specialist sports wheelchair donated to him through the Rotary District 1080 "Wheelee Good Idea" fundraising project, his name being put forward by the Broadlands Rotary Club.

He returned to Acle Academy where he studied between 2010 and 2014. Alfie was at the school to help present sports awards to pupils at their end-of-year assembly. Also making the awards was Fred Smith, our new President of Broadlands Rotary Club as we have a close association with the Academy. Fred congratulated Alfie on his title. Alfie has also been selected to play in the Rio Olympics.

If you would like to come to our meetings please contact me: [annchantryprice@gmail.com](mailto:annchantryprice@gmail.com)  
com Tel: 01603 270478/01296 660202 or visit <http://www.rotaryclubofbroadlands.org.uk>

Ann Chantry-Price

## SPIRIT COMBAT, JIU JITSU, SELF-DEFENCE & MIXED MARTIAL ARTS

Autumn Term begins

Thursday, September 8<sup>th</sup>

at South Walsham Village Hall

6.30pm — 8pm

New members welcome  
Male and Female  
6 years old and upwards  
Fully qualified instructors

Telephone

Sensei Ena Mallett

7<sup>th</sup> Dan Black Belt

on 01603 270172

or Tim Marshall

on 01603 270114



# BENEFICE PRAYERS

## SEPTEMBER & OCTOBER

### A Harvest Prayer

The earth is fruitful – may we be generous.

The earth is fragile – may we be gentle.

The earth is fractured – may we be just.

Creating God, harvest in us joy and generosity  
as we together share in thanks and giving.

— Amen.

*Christian Aid*

## SUNDAY BY SUNDAY PRAYERS

### **September 4<sup>th</sup>**

Pray for our Churchwardens, David Benham and John Ley (Ranworth), Gill Hood and Trevor Nelson (South Walsham), James Chaplin and Tony Moore (Upton), Alby Cator and Kit Cator (Woodbastwick), Chloe Ecclestone and Ivan Barnard (Fishley) and their Deputy Wardens.

### **September 11<sup>th</sup>**

Pray for our local health centres, doctors' surgeries and dental practices; for all who provide health and social care in our area.

### **September 18<sup>th</sup>**

Pray for Peace in the World. For inspiration and encouragement as we seek to meet our financial challenges.

### **September 25<sup>th</sup>**

Pray for the work of the Church Mission Society. For Norwich Cathedral, its Dean and Chapter, staff and volunteers.

### **October 2<sup>nd</sup>**

Pray for Steven Betts, Archdeacon of Norfolk, Nick Garrard, our Rural Dean, Keith Gerrard, Lay Chair and our Deanery Synod representatives.

### **October 9<sup>th</sup>**

Pray for our links with other churches. For Churches Together on the Broads and the ecumenical Broads Chaplaincy. For the Great Yarmouth Food Bank, giving thanks for the support we provide locally.

### **October 16<sup>th</sup>**

Pray for our organists and church musicians.

### **October 23<sup>rd</sup>**

Pray for the estates and farms of this Benefice. For local businesses, pubs and shopkeepers. For Fairhaven Trust and Norfolk Wildlife Trust Visitor Centres. For Bible translators and distributors.

### **October 30<sup>th</sup>**

The congregations of our churches. That we may carry out our Mission Strategy Plans and continue to grow and reach out to the wider community.

### **November 6<sup>th</sup>**

The work of Woodbastwick, South Walsham & Upton & Fishley, and Ranworth PCCs; their Secretaries, Treasurers, Vice-Chairs and Electoral Roll Officers. The Benefice Advisory Council.

# SUNDAY CHURCH SERVICES

## Sunday, September 4<sup>th</sup> *Trinity 15*

Ranworth _____	9.30am	Morning Prayer
Upton _____	9.30am	Holy Communion
South Walsham _____	11.00am	Morning Prayer
Woodbastwick _____	11.00am	Holy Communion
Fishley _____	3.00pm	Harvest Festival

## Sunday, September 11<sup>th</sup> *Trinity 16*

Ranworth _____	9.30am	Holy Communion
Upton _____	9.30am	Family Service
South Walsham _____	11.00am	Holy Communion
Woodbastwick _____	11.00am	Family Service

## Sunday, September 18<sup>th</sup> *Trinity 17*

Ranworth _____	8.00am	Holy Communion
Ranworth _____	9.30am	Family Service
Fishley _____	9.30am	Holy Communion
St. Lawrence's, South Walsham _____	10.00am	Sunday Plus
South Walsham _____	11.00am	Harvest Festival
Woodbastwick _____	11.00am	Morning Prayer
Upton _____	6.30pm	Harvest Festival

## Sunday, September 25<sup>th</sup> *Trinity 18*

Ranworth _____	9.30am	Harvest Festival
Upton _____	9.30am	Morning Prayer
Woodbastwick _____	11.00am	Holy Communion
South Walsham _____	11.00am	Family Service

## Sunday, October 2<sup>nd</sup> *Trinity 19*

Ranworth _____	9.30am	Morning Prayer
Upton _____	9.30am	Holy Communion
South Walsham _____	11.00am	Morning Prayer
Woodbastwick _____	11.00am	Family Service and Baptism
Fishley _____	3.00pm	Evensong

## Sunday, October 9<sup>th</sup> *Trinity 20*

Ranworth _____	9.30am	Holy Communion
Upton _____	9.30am	Family Service
South Walsham _____	11.00am	Holy Communion
Woodbastwick _____	3.30pm	Harvest Festival

## Sunday, October 16<sup>th</sup> *Trinity 21*

Ranworth _____	8.00am	Holy Communion
Ranworth _____	9.30am	Family Service
Fishley _____	9.30am	Holy Communion
South Walsham _____	11.00am	Holy Communion
Woodbastwick _____	11.00am	Morning Prayer

## Sunday, October 23<sup>rd</sup> *Bible Sunday*

Ranworth _____	9.30am	Holy Communion
Upton _____	9.30am	Morning Prayer
St. Lawrence's, South Walsham _____	11.00am	Joint Family Service (with the Woodbastwick congregation)

## Sunday, October 30<sup>th</sup> *All Saints' Sunday*

Woodbastwick _____	11.00am	Benefice Holy Communion
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## Sunday, November 6<sup>th</sup> *Third Sunday before Advent*

Ranworth _____	9.30am	Morning Prayer
Upton _____	9.30am	Holy Communion
South Walsham _____	11.00am	Morning Prayer
Woodbastwick _____	11.00am	Holy Communion
Fishley _____	3.00pm	Evensong
St Lawrence's, South Walsham _____	5.00pm	Deanery Taizé Service with Healing Prayer



# MEETINGS & VILLAGE ACTIVITIES

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## September

5 <sup>th</sup> Monday	12.30-4.30pm	<b>Monday Munch</b> including Cake Stall and Raffle for Macmillan Nurses – St. Lawrence’s, South Walsham
	7.45pm	<b>St. Lawrence’s Committee</b> – St. Lawrence’s, S. Walsham
6 <sup>th</sup> Tuesday	2.30pm	<b>Womens’ Fellowship</b> – Upton Village Hall
7 <sup>th</sup> Wednesday	10am-12	Chloe’s Coffee Morning – 16, Priory Close, Acle
	7.30pm	<b>South Walsham W.I.</b> – South Walsham Village Hall
	7.45pm	<b>Ministry Team</b> – The Rectory, South Walsham
8 <sup>th</sup> Thursday	10am-4pm	<b>Heritage Open Day</b> – St. Mary’s, Fishley
	7.30pm	<b>Prayer and Praise</b> – St. Lawrence’s, South Walsham
9 <sup>th</sup> Friday	10am-4pm	<b>Heritage Open Day</b> – St. Mary’s, Fishley
10 <sup>th</sup>	All day	<b>Norfolk Churches Trust Sponsored Cycle Ride</b>
	10am-4pm	<b>Heritage Open Days</b> – St. Mary’s, Fishley, St. Helen’s, Ranworth, St. Margaret’s, Upton
14 <sup>th</sup> Wednesday	10.30am	<b>Upton Organ Committee</b> – The Rectory, South Walsham
	7.45pm	<b>Benefice Advisory Council</b> – Ranworth Visitors’ Centre
15 <sup>th</sup> Thursday	7.30pm	<b>Prayer and Praise</b> – St. Lawrence’s, South Walsham
19 <sup>th</sup> Monday	11.00am	<b>Foodbank Support Meeting</b> – St. Lawrence’s, South Walsham
	7.30pm	<b>Ranworth PCC</b> – Ranworth Visitors’ Centre
22 <sup>nd</sup> Thursday	7.30pm	<b>Prayer and Praise</b> – St. Lawrence’s, South Walsham
24 <sup>th</sup> Saturday	10am-4.30pm	<b>Bishop’s Pilgrimage Day</b> – Norwich Cathedral
	7.30pm	<b>Concert: Cavick Quartet</b> – St. Lawrence’s, South Walsham
27 <sup>th</sup> Tuesday	7.30pm	<b>Ranworth Ladies Group</b> – “The Norwich Shawls” with Jean Smith. <i>Please note change of date.</i>
		For further information contact Sue Hitchcock. Tel 01603 270212.
29 <sup>th</sup> Thursday	7.30pm	<b>Prayer and Praise</b> – St. Lawrence’s, South Walsham

## October

3 <sup>rd</sup> Monday	12.30-4.30pm	<b>Monday Munch</b> – St. Lawrence’s, South Walsham
	7.45pm	<b>Ministry Team</b> – The Rectory, South Walsham
4 <sup>th</sup> Tuesday	2.30pm	<b>Womens’ Fellowship</b> – Upton Village Hall
5 <sup>th</sup> Wednesday	7.30pm	<b>South Walsham W.I.</b> – South Walsham Village Hall
6 <sup>th</sup> Thursday	7.30pm	<b>Prayer and Praise</b> – St. Lawrence’s, South Walsham
	7.45pm	<b>South Walsham &amp; Upton &amp; Fishley PCC</b> – St. Margaret’s, Upton
	8.00pm	<b>Deanery Compline</b> – All Saints, Freethorpe
8 <sup>th</sup> Saturday	7.00pm	Concert: Acle St. Edmund Youth Orchestra - St. Margaret’s, Upton
10 <sup>th</sup> Monday	4.30pm	<b>Woodbastwick PCC</b> – Copperhole, Woodbastwick
	7.30pm	Monday Munch Planning Meeting – The Rectory, South Walsham
18 <sup>th</sup> Tuesday	7.30pm	<b>Ranworth Ladies Group</b> – “The Story of Bob Morse & his Family” with Debra Nicholson – Wind Energy Museum. For further information contact Sue Hitchcock. Tel 01603 270212

## WEDDING SERVICES

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Saturday, September 3 <sup>rd</sup>	Ranworth Church	3.00pm
Saturday, September 10 <sup>th</sup>	South Walsham Church	2.30pm
Saturday, September 17 <sup>th</sup>	Ranworth Church	1.30pm
Saturday, September 24 <sup>th</sup>	Ranworth Church	2.00pm
Saturday, October 6 <sup>th</sup>	South Walsham Church	12 noon