

The Broadsider



The bi-monthly magazine of the Broadside Parishes of

Ranworth with Panxworth, South Walsham, Upton and Woodbastwick

Dear Friends,

I thought I'd use my letter this month to address a long-standing myth. I've come across it throughout my ministry, in the North West and here in East Anglia, about what churchgoing represents and what it means to be a Christian.

Most people I encounter through my ministry aren't regular churchgoers. I seldom ask why, but something about me must make them reflect on going to church. Or why they don't go to church. The unsolicited explanation that a surprising number have volunteered goes something like this: I am a Christian but don't feel that I need to go to church to be one. I lead a good life and I know plenty of other people who lead better lives than the so-called Christians in church.

Although I know the words well enough by now to join in, I listen silently out of respect for the other person. They are entitled to their perspective and I hope no one would come to church simply to please me. I don't mind the implication that my churchgoing is a form of hypocrisy. I already know that I fail to practise everything I preach. That doesn't mean that the gospel message isn't worth saying. It just means that it requires both the speaker and the listener to keep striving to do our best for God and our neighbour, however many times we may fail in the process.

If, as the myth suggests, people who don't go to church are often better than those who do, then our country must be overflowing with goodness. According to Church of England statistics, average church attendances fell by 2% in 2009. Did our national goodness increase by the same rate that year? It would be hard to measure such a nebulous concept, but it's interesting to note that those who shared the myth about churchgoing with me have also felt that society's core value of neighbourliness, respect and responsible behaviour have declined steeply in their lifetime.

People go to church for many reasons, but very few attend because they see themselves as good people. Most recognise that we are human and fallible. Every

week, we make our collective confession to God, acknowledging that 'We have not loved God with our whole heart' and 'We have not loved our neighbours as ourselves.' Afterwards, we receive absolution, God's forgiveness of all that has been wrong in our lives. No one has ever come up to me after a service and said 'I didn't join in the confession today, because I've been perfect all week.' People who go to church don't feel 'good' through and through, or maintain this pretence to fool others. We go to church because we're aware of the extent to which we're not good, to acknowledge and reject our wrongdoing and be released from its power over us. We also believed that Jesus called his followers to this pattern of life.

Of course, Jesus had nothing against goodness. We believe that he alone led a blameless life. But he knew from the word go that those who saw themselves as 'good' would struggle to become his disciples. So he called some bad ones, like Matthew, the corrupt tax-collector, Simon the Zealot, which meant patriot to Jews, terrorist to Romans; Judas Iscariot, the embezzler and later on, Jesus's betrayer. Even the fishermen Andrew, Peter, James and John, were considered irreverent, because they handled unclean marine creatures at work. We know little about the occupations of the other disciples, so Jesus may have had one or two token 'good' ones, for the sake of balance. As they travelled around teaching the gospel, Jesus exclaimed to the

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leaders of the Temple, 'Truly I tell you: tax-collectors and prostitutes are entering the kingdom of God ahead of you.' (Matt 21.31)

'Bad' people got hold of the message first. They responded with the qualities that Jesus most wants from his followers – trust, loyalty, compassion, self-sacrifice.

Jesus also taught, 'It isn't the healthy who need a doctor, but the sick.' (Matt 9.12) Those who came to him for healing and forgiveness also received his message with joy. If the gospel reached out chiefly to the bad and broken at the very beginning, we shouldn't be surprised if 'good' and 'healthy' people don't rush to join churches today.

In our services during March and April, we will encounter in our gospel readings stories of how badly 'good' people can behave, and how Jesus' closest disciples would reveal the badness within their personalities. Judas will betray him, Peter denies him, all of them abandon him at his arrest. But after his resurrection, Jesus will seek them out and transform them into his Apostles to lead his church and teach the gospel everywhere. They will respond to his call in fear and amazement that turns into love and gratitude. They discover that there's something better in life than simply being 'good' – it's being redeemed and forgiven. What could be better than that?

Wishing you a

Blessed Lent and Easter,

Nick Garrard

Congratulations . . .

. . . to Monya and Ivan Grand who will be celebrating their Golden Wedding Anniversary on March 25th

A thought from Dick Dewing

May I ask you a question? What does "Committed to growth" mean? CLUE - it is the current motto of the Diocese of Norwich.

Most people seem to regard it as an encouragement to try and get more people to attend one of our churches. It's not just that though, because it can be applied individually to each Christian to try to grow in the faith, the love, and the knowledge of God.

So I am inviting you to join our twice monthly bible studies; alternately in the Rectory and at Old Hall Farm. These are very informal meetings where we aim to encourage one another to grow. None of us is an expert; "a Christian cannot ever discard the L plates."

"Taste and see that the Lord is good" – Psalm 34 v8



Woodbastwick Art Show



As part of its Flower Festival Weekend the little village of Woodbastwick is again organising an Art Show for local artists to display their work at the Village Hall over the second Bank Holiday weekend in May.

Dates are Saturday 28, Sunday 29 and Monday 30 May 2011. Entries at £3 each will be treated on a first come first served basis as there is limited display space.

To receive an entry form please contact Fred Searle on 01508 493638 or fts.artist@talktalk.net for more details and when applying please include a SAE.

Pastoral care of Parishioners

If anyone requires visiting or wishes to make arrangements for a baptism, marriage or funeral, please inform Revd. Nick Garrard or one of your churchwardens listed below.

Rector: Revd. Nicholas Garrard

**The Rectory, The Street,
South Walsham, Norfolk NR13 6DQ**

Telephone 01603 270769

Email: NickGarr39@aol.com

CHURCHWARDENS

**RANWORTH with
PANXWORTH**

Mark Cator

John Ley

01603 270158

WOODBASTWICK

Alby Cator

01603 721050

Tony Potter

01603 720579

SOUTH WALSHAM

Margaret Mallett

margaret.mallett@btinternet.com

UPTON

James Chaplin

Bill Monument

01493 751597

Musical S.O.S.

1. Our Broadside Choir would welcome anyone who enjoys singing to come along to a Thursday evening practice at 7.30pm. Normal practices are in St.Lawrences at South Walsham but during March in Ranworth church instead.

2. Are you a "lapsed" member of the choir & have you any music in your home belonging to the choir? We are particularly short of "The New Church Anthem"book and the book of "100 Carols for Choirs". These can be returned to St.Lawrences or the Rectory please and would be gratefully appreciated.

No Fines will be issued!!

The Bitternes

This month sees the welcome return of the Bitternes sailing holiday to South Walsham. Every year a large, enthusiastic flotilla of young people and their leaders arrive to enjoy our waterways, each others' company and sharing their faith. The Bitternes will join our 11am service at St.Mary's on April 11th. Their music group will offer a lively lead to our worship.

Joint Annual Parochial Church Meeting

On April 12th the Broadside Benefice will hold its shared Annual Meeting at Fairhaven School, beginning at 7.30pm. Please come along as we review the past year, elect members to our church councils and look forward to the future.



AWAITING SUMMER – UPTON DYKE

Ranworth Visitors' Centre Get-together . . .

. . . will be on Sat 5th March at the Visitors' Centre between 10.30 & 12.30 when the summer rota will be on display. A big "Thank You" to everyone who has helped during the winter weekends and to those who have agreed to help again this summer. Also many thanks and welcome to our 2 new volunteers. Everyone's support is much appreciated.

Unfortunately, I have not been able to fill this summer's Saturday afternoons yet so if anyone could do the odd Saturday I should be very grateful if you would put your name in the gaps on the rota.

Also, just a reminder, if you find you are unable to do a particular session please arrange a swap with another volunteer. We find this works better than one person alone having to arrange cover for several volunteers. Thank you.

We look forward to seeing you on the 5th for coffee/tea and biscuits, and a natter!

Confirmation and Holy Communion Preparation

At the moment we are gathering a group of adults and young people who wish to be confirmed. Also, there will be a group of younger children preparing to be admitted to receive holy communion. If you're interested in either of these ways of moving forward in your faith and would like to know more, please contact Nick or Helen (01603 270769).



FROM THE REGISTERS

BAPTISMS

❖ at SS Fabian & Sebastian, Woodbastwick ❖
January 9th

Hannah Miranda Stratton

The March Calendar

= Children's Activities

BC = Benefice Choir

1	Tue	2.30pm	Womens' Fellowship	Upton Village Hall	
		7.30pm	Deanery Synod at Lingwood		
		7.30pm	Woodbastwick Ladies Club.	Woodbastwick Village Hall	
		7.45pm	Bible Study Group	The Rectory, South Walsham	
2	Wed	7.30pm	South Walsham WI	South Walsham Village Hall	
6	Sun	9.30am	Morning Prayer	Ranworth	<i>1st Sunday</i> <i>Sunday before Lent</i>
		9.30am	Holy Communion	Upton	
		11am	Morning Prayer	South Walsham	
		11am	Holy Communion B.C.P.	Woodbastwick	
9	Wed	12.30pm	South Walsham Ladies Luncheon Club.	Filby Bridge Hotel	
		7pm	Ash Wednesday. Holy Communion & Imposition of the Ashes.	BC. Upton	
10	Thurs	8.45pm	Compline BC	Ranworth	
13	Sun	9.30am	Holy Communion	Ranworth	<i>2nd Sunday</i> <i>Lent 1</i>
		9.30am	Family Service	Upton	
		11am	Holy Communion	South Walsham	
		11am	Family Service	Woodbastwick	
14	Mon	7.30pm	St. Lawrence's AGM and Social Evening	St. Lawrence's	
15	Tue	7.30pm	Ranworth Ladies Club. "Retired Greyhound Trust" with Ingrid Wright. Please contact Sue Hitchcock on 01603 270212		
		7.45pm	Lent Group	Old Hall Farm, South Walsham	
16	Wed	12 Noon	Lent Lunch	Ranworth Visitors Centre	
		7.30pm	Woodbastwick 700	Copperhole, Woodbastwick	
17	Thur	8.45pm	Compline BC	Ranworth	
20	Sun	8am	Holy Communion	Ranworth	<i>3rd Sunday</i> <i>Lent 2</i>
		9.30am	Family Service	Ranworth	
		11am	Family Service	South Walsham	
		11am	Holy Communion	Woodbastwick	
		3.30pm	Holy Communion & Healing Prayers BC	Upton	
21	Mon	10.30am	Upton Organ Meeting		
22	Tue	7.45pm	Pastoral Group – Rectory		
23	Wed	12 Noon	Lent Lunch	Ranworth Visitors Centre	
24	Thur	7.30pm	Eve of the Annunciation Holy Communion.	BC. Ranworth	
26	Sat	7.30pm	Concert: Stone Angel	St. Lawrence's	
27	Sun	9.30am	Holy Communion	Ranworth	<i>4th Sunday</i> <i>Lent 3</i>
		11am	Holy Communion #	South Walsham	
		11am	Morning Prayer	Woodbastwick	
29	Tue	7.45pm	Benefice Advisory Council	Ranworth Visitors Centre	
30	Wed	12 Noon	Lent Lunch	Ranworth Visitors Centre	
31	Thur	8.30pm	Night Prayer	South Walsham	



Event Organisers — Please Note

The next issue of Broadsider covers May and June

Copy deadlines are on
the 10th of each month before each issue.

Copy, please, to Kit Cator — kit.cator@afiweb.net
or David Benham — david@benham.eclipse.co.uk

The April Calendar

= Children's Activities

BC = Benefice Choir

2	Sat	10am-12.30pm	St. Lawrence's Spring Clean	
3	Sun	9.30am	Family Service Ranworth PCC meeting after service	Ranworth
		9.30am	Family Service	Upton
		11am	Family Service	South Walsham
		11am	Family Service	Woodbastwick
		3.30pm	Informal Communion	St. Lawrence's
5	Tues	2.30pm	Womens' Fellowship	Upton Village Hall
		7.30pm	Woodbastwick Ladies Club.	Woodbastwick Village Hall
		7.45pm	Lent Group	The Rectory, South Walsham
6	Wed	10.30am	Hymn singing at Broadlands Park, Upton	
		12 Noon	Lent Lunch	St. Lawrence's
		7.30pm	South Walsham WI	South Walsham Village Hall
7	Thur	8.30pm	Compline BC	Ranworth
8	Fri	7.30pm	Quiz & Chips at Woodbastwick Village Hall.	Tickets £8 Contact Kit Cator T. 720276
9	Sat	9.30am	Woodbastwick Churchyard Spring Clean	
		7.30pm	Concert: Narcissus Duo	St. Lawrence's
10	Sun	9.30am	Holy Communion	Ranworth
		9.30am	Morning Prayer	Upton
		11am	Holy Communion	South Walsham
		11am	Morning Prayer	Woodbastwick
12	Tue	7.30pm	Benefice AGM	Fairhaven School, South Walsham
13	Wed	12 Noon	Lent Lunch	St. Lawrence's
		12.30pm	South Walsham Ladies Luncheon Club. Filby Bridge Hotel	
14	Thur	2pm	Easter Bonnet Parade	Upton Village Hall
		8.30pm	Compline BC	Ranworth
17	Sun	9.30am	Holy Communion	Ranworth
		10.45/11am	Procession & Benefice Service	South Walsham
18	Mon	7.30pm	Night Prayer	South Walsham
19	Tues	7.30pm	Night Prayer	Upton
		7.30pm	Ranworth & District Ladies Club. "My Life in Bookbinding and Print". Bev the Binder! Please contact Sue Hitchcock on 01603 270212	
		7.45pm	Bible Study Group	Old Hall Farm, South Walsham
20	Wed	morning	Coffee Morning	Copperhole, Woodbastwick
		7.30pm	Night Prayer	Woodbastwick
21	Thur	6.30pm	Passover Supper	St. Lawrence's
Good Friday	10am-12 Noon		Good Friday Plus	St. Lawrence's
22	Fri	11am	Family Service #	St. Lawrence's
		2pm	Watch by the Cross	Upton
23	Sat	morning	Guides Easter Egg Hunt	St. Lawrence's
		7.30pm	Lighting of the Fire BC	Ranworth
Easter Day	9.30am		Holy Communion	Ranworth
24	Sun	9.30am	Holy Communion	Upton
		11am	Holy Communion	South Walsham
		11am	Holy Communion	Woodbastwick
		6.30pm	Easter Hymns & Reading BC	Woodbastwick
30	Sat	7.30pm	Concert: I Musicanti	St. Lawrence's
May				
1	Sun	9.30am	Holy Communion	Ranworth
		9.30am	Morning Prayer	Upton
		11am	Holy Communion	South Walsham
		11am	Morning Prayer	Woodbastwick

1st Sunday
Mothering Sunday

2nd Sunday
Lent 5

3rd Sunday
Palm Sunday

4th Sunday
1st Sunday of Easter

1st Sunday
2nd Sunday of Easter

Andrew's Story

Andrew McFadyen is the son of Philip McFadyen, who was the vicar of our parishes some 5 years ago. Philip is now vicar of St George, Colegate. Andrew married Jonel, who was born in Canada. They have 3 children.

In July 2009 Andrew had just been appointed to a teaching post at Wymondham High School. Things were looking good but he was suddenly diagnosed with a rare disease known as aplastic anemia; a condition where the bone marrow fails to make sufficient blood cells, essential for a normal healthy body and functioning immune system. In short, aplastic anemia signifies total bone marrow failure that, if untreated, is fatal. Why this condition has been acquired usually remains unknown. What is known is that if the bone marrow can not make enough new blood cells, many health problems will occur. These can include heart failure, infections and bleeding. Treatments for aplastic anemia include blood transfusions, blood and marrow stem cell transplants, and medicines.

Blood and marrow stem cell transplants can offer a cure for patients. Having gone through various initial treatments, which were unsuccessful, a bone marrow transplant was deemed to be Andrew's best hope. In Andrew's case, as in 70% of bone marrow transplant cases, no one in his immediate family was found to be a suitable donor. As a result, the Anthony Nolan Trust was asked to find him a donor from its register of bone marrow donor volunteers.

The Anthony Nolan Trust have over 400,000 people, worldwide, on their register, all classified by tissue type. However, this is not enough; the Trust cannot always find a suitable donor match. Currently, the Anthony Nolan Trust only has half the number of donors registered that it actually needs. Although there are only a few different blood types, there are millions of different types of cell tissue. The success of a patient's transplant depends on finding matching cell tissue types, otherwise the body will reject it. So it is simple: The more people they have on their register, the more matches can be found and the more lives can be saved. Andrew's big problem was that a perfect match could not be found and only a near-match was possible. This was not ideal but in June of last year, the transplant took place at King's College Hospital, in London.

The Anthony Nolan Trust has provided so many life-saving bone marrow transplants, but needs more donors to provide more opportunities for other patients who are still waiting for their chance for recovery and hope. Becoming a bone marrow donor is simple. Potential donors' DNA is collected as a spit sample, then, if considered a likely match, a blood sample is given for analysis. The actual bone marrow transplantation occurs through harvesting of the donor's stem-cells. This is a simple act that is very

similar to giving blood. Modern techniques have eliminated any need to extract bone marrow from the base of the spine; this makes the whole process relatively painless and risk-free for the donors. In Andrew's case, as with every bone marrow transplant, this simple act may well prove to be a life-saver. We shall wait and see. At the time of writing Andrew had just returned from a two night stay in hospital because he had contracted tonsillitis — his immune system has to be rebuilt and there is certainly a risk that things can go wrong. Childhood vaccinations will have to be carried out again. However, there are hopeful signs. Anything to do with blood disorders makes you incredibly tired and Andrew partly needs a long convalescence to recover his strength and build his immune system. This is a gradual process but the really good news is that if everything goes well he will be allowed to return to teaching two days a week from this coming September.

Together with friends, he has organised 'PingPongathon' – a 24 hour ping pong marathon to raise awareness and money for the Anthony Nolan Trust. This took place in St. George's Church, Colegate, Norwich in mid-February; if any of you would like to support their efforts, you can still do so by using the following web address

www.justgiving.com/pingpongathon

If you think that you want to know more about the Anthony Nolan Trust and joining the bone marrow donor register, go to **www.anthonynolan.org**

The conditions that govern whether you can be placed on the donor register are similar to those for giving blood. However, you must be aged between 18 and 40, although once registered, you are eligible to be a donor up until the age of 60.

Those of us going to church will have prayed over the last 20 months for his good health to return and for his family. Sometimes prayers do exactly what they say they will do on the instruction sheet. Somehow, when you know that people are routing for you, it buoys you up, the spirit is invigorated and the inner strength helps you to fight. Not to say that there weren't very low moments. But that's, perhaps, when those prayers count. At least Andrew is grateful for yours !

When Andrew is considered to be no longer at risk of needing any further bone marrow transplants, he plans to make contact with his donor, who, somewhat coincidentally, he knows is Canadian and female. He hopes to say thank you to this person whose special act saved his life. He is grateful for the chance to live his life and wants to encourage others to consider signing up to the Anthony Nolan Trust's bone marrow donor register, so that they may one day become life savers too!

David Benham

BENEFICE PRAYERS

MARCH:

Prayer of penitence and trust for Lent

Dear Lord

For the ways I betray you

For the times I deny you

Help me to receive all that is still

Given from your nail pierced hands

Feed me and fill me, O Lord

In both the blessing of this life and its cost

Help me always to thank you in every season

In Jesus' name I pray. — Amen.

APRIL:

Easter Prayer

Make our hearts to burn within us,

O Christ, as we walk with Thee in the way

and listen to Thy words;

that we may go in the strength of

Thy presence and Thy truth

all our journey through,

and at its end behold Thee, in the glory of the

Eternal Trinity,

God for ever and ever. — Amen.

Eric Milner-White

Based on the risen Jesus meeting his disciples on the
Emmaus Road (Luke // 2003 © Clare McBeath)

SUNDAY BY SUNDAY PRAYERS

March 6th

Pray for the work of Woodbastwick, South Walsham and Upton and Ranworth PCCs; their Secretaries, Treasurers, Vice-Chairs and Electoral Roll Officers. For the Benefice Advisory Council.

March 13th

Pray for Fairhaven VA and Salhouse VC Schools, Acle High and Broadland High Schools and First Steps Pre-School. Their teachers, staff, governors and pupils. For Fairhaven's link with Mtendre primary school in Dedza, Malawi.

March 20th

Pray for Children in Church and their leaders. For the Sunday Plus, Benefice Children's Events, Fairhaven Bible Club.

March 27th

Pray for the estates and farms of this Benefice. For local businesses, pubs and shopkeepers. For Fairhaven Trust, Ranworth TIC and the Norfolk Wildlife Trust Visitor Centre.

April 3rd

Pray for Nick Garrard, Rector, and his family. For the work of the Mothers' Union and all who support marriage and family life.

April 10th

Give thanks for the involvement of older people in the life of our parishes. For our links with Broadlands Park, Upton. For the Bitternes, that they may enjoy a good week of sailing and fellowship.

April 17th

Pray for time and grace to keep Holy Week faithfully. For the new Pastoral Group and all who visit the sick, troubled or housebound, sharing Christ's love through action. For those taking communion to residential homes and the housebound.

April 24th

Give thanks that Jesus is our risen Lord. Pray for our ministry to visitors. For the Ranworth Boat Rota volunteers, the Committee and helpers at the Visitor's Centre, the Broads Chaplaincy.

May 1st

Pray for Rowan, our Archbishop, and our Bishops Graham and Alan.

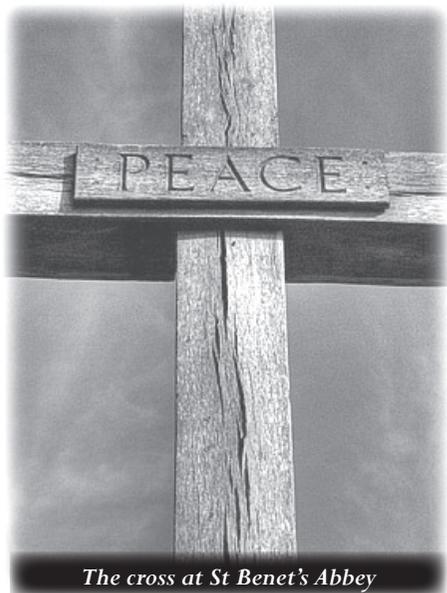


Lent Lunches

Lent is often thought of as an opportunity to give something up, but it's also a time to be nourished in body, mind and spirit. Our Lent lunches cover all three areas! Every Wednesday from March 16th to April 13th there will be a simple lunch of homemade soup, bread and cheese followed by fruit salad. The first three lunches which will take place at Ranworth Visitors' Centre, and the final two will be held at St. Lawrence's, beginning at 12 noon. After lunch, you are welcome to stay on take part in a discussion on Matthew's gospel, based on the 'Mapping Matthew' packs, ending before 2pm. If you enjoyed 'Mapping Luke' last year, you'll know how much there is to look forward to.

This delicious meal costs only £4, and all profits go to this year's Diocesan Lent 'Nurses for Nepal' Appeal. Despite its stunning landscape, 40% of Nepalese live in desperate poverty and there are only 2 doctors and nurses for every 10,000 people. The Lent Appeal aims to fund nurse training and provide an ambulance/mobile clinic for the slums of Kathmandu and its surrounding valley. You can discover more information at www.norwich.anglican.org/lent

If you'd like to attend, or can help with setting up/clearing up at the St. Lawrence's lunches, please contact Veronica Dewing on 01603 270271.



The cross at St Benet's Abbey

What's on in Holy Week & Easter

April 17th-24th

- ❖ On Palm Sunday we recall Jesus' entry to Jerusalem in triumph, before his arrest and trial. This year, the Benefice churches are joining with Fairhaven School families for a special Palm Sunday Family Communion. We're starting with a procession carrying palms from the School at 10.45am, led by Eve the donkey, for a service starting around 11am in St. Mary's, South Walsham.
- ❖ For the next three evenings we will hold Night Prayer at 7.30pm at St. Mary's South Walsham, Upon and Woodbastwick churches in turn. This short, simple but moving service will include a series of reflections.
- ❖ The Passover Meal at St. Lawrence's on Maundy Thursday recalls the Last Supper through food and words from the Jewish Passover and Christian Communion services. There is a small charge for the meal, which begins at 6.30pm. Please contact Veronica Dewing if you wish to attend (01603) 270271.
- ❖ On Good Friday the Family Service at St. Lawrence's at 11am will give people of all ages the opportunity to hear and respond to the story of Jesus' crucifixion. Good Friday Plus activity morning for children and young people also takes place at St. Lawrence's from 10.00 to 12 Noon with coffee and hot cross buns for grown ups wishing to stay a while or attend the service. Please contact Nick or Helen (01603) 270769 or Julia (01603) 270547 for more information.
At 2pm the Watch by the Cross devotions, a time when we gather to remember the time of Jesus' death, take place at St. Margaret's, Upton. This year's watch will be led by Helen Garrard.
- ❖ Holy Saturday marks the beginning of the Easter celebrations with the Lighting of the New Fire at St. Helen's Ranworth. As Easter is so late this year, this will begin at the later time of 8pm. This candlelit service welcomes back the light of Christ, and offers an opportunity to renew our baptism vows.
- ❖ On Easter morning Communion will be celebrated at Upton and Ranworth at 9.30am, and South Walsham and Woodbastwick at 11am. Easter Sunday ends with a Service of Easter Hymns and Readings at Woodbastwick, 6.30pm.

We hope that you will join us at these special events.